

# DUN LAOGHAIRE RATHDOWN DRUG & ALCOHOL TASK FORCE



The Task Force was established in 1997, to coordinate a community response to drug problems (alcohol problems were added in 2013)

The Task Force is made up of representatives from community, voluntary and statutory bodies, and public representatives

The Task Force is hosted by *Southside Partnership* and is funded by the *Departments of Health, and Children and Youth Affairs, the Health Service Executive, and the Dublin and Dun Laoghaire Education & Training Board*

**The Task Force is assigned responsibility to allocate an annual global budget, which is utilised to support key services, supports and activities**

**taskforce**  
DUN LAOGHAIRE RATHDOWN



**An Roinn Sláinte**  
DEPARTMENT OF HEALTH

**An Roinn Leanaí agus Gnóthaí Óige**  
Department of  
Children and Youth Affairs

**etb**  
Bord Oideachais agus Oiliúna  
Altaí Cluich agus Oidre Laoghaire  
Dublin and Dun Laoghaire  
Education and Training Board

## Harm Reduction, Treatment & Rehabilitation

**DLR-CAT (Community Addiction Team)** (funded via DLR-DATF recommendation)  
info@dlrcat.ie www.dlrcat.ie  
(01) 2176140



**HSE 99 Patrick Street Addiction Centre,**  
Dun Laoghaire (Methadone prescription,  
counselling, hepatitis C treatment)  
(01) 2808472



**Dun Laoghaire Outreach Project (DROP)** – (counselling,  
day-programme and groupwork)  
info@drop.ie www.drop.ie  
(01) 2803187



**Narcotics Anonymous (Eastern Area)**  
info@naeasternarea.org  
www.naeasternarea.org  
(086) 8629308



**National Family Support Network**  
(Dun Laoghaire)  
info@fsn.ie www.fsn.ie  
(087) 2240927



**LifeRing (self-help group)**  
lifering.dublin@gmail.com  
www.dublinlifering.com  
1800 938 768



## Family Intervention & Support Service

**Barnardos** (Lead; funded via DLR-DATF recommendation)  
sylvia.loughlin@barnardos.ie  
www.barnardos.ie  
(01) 9059443



**Mountwood Neighbourhood Youth & Family Project** (funded via DLR-DATF recommendation)  
info@nyfp.ie  
(01) 2304086

## Youth Prevention Programme

**Mountwood Neighbourhood Youth & Family Project** (Lead; funded via DLR-DATF recommendation)  
info@nyfp.ie  
(01) 2304086

**Ballyogan Family Resource Centre** (funded via DLR-DATF recommendation)  
petra.redmond@yahoo.co.uk  
(01) 2953219



## Coordination, Development & Prevention

**DLR - Drug & Alcohol Task Force / Southside Partnership**  
marie.kavanagh@sspship.ie  
www.southsidepartnership.ie  
(01) 7060125



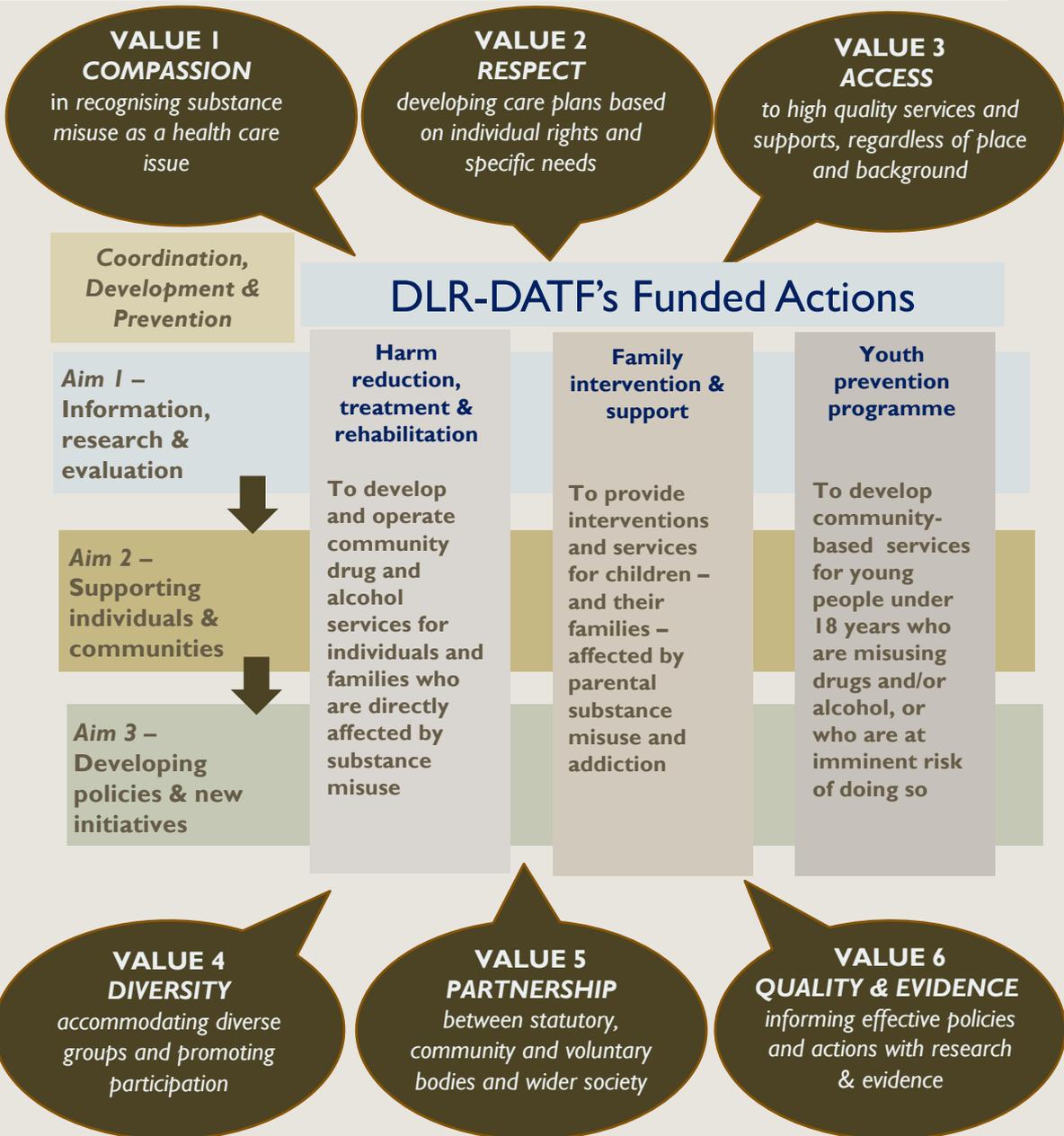
**taskforce**  
DUN LAOGHAIRE RATHDOWN

dralcoholanddrugs@gmail.com  
www.dlrdrugtaskforce.ie  
01-7060125 / 087-6494922

The Government's strategy on drugs, *Reducing Harm, Supporting Recovery, 2017-25*, is underlined by a Strategic Vision, six key values, and five Goals, three of which specify actions for Task Forces

### Government's Strategic Vision

**"A healthier and safer Ireland, where public health and safety is protected and the harms caused to individuals, families and communities by substance misuse are reduced and every person affected by substance use is empowered to improve their health and well-being and quality of life".**



The Dun Laoghaire Rathdown Drug & Alcohol Task Force directs its global budget to three programmes:

1. Harm reduction, treatment & rehabilitation
2. Family intervention & support service
3. Youth prevention programme

Also, with Southside Partnership, the Task Force operates the

- Coordination, development & prevention programme

with the following aims:

*Aim 1:* To update information on substance misuse, identifying and researching gaps in services, and evaluating funded actions

*Aim 2:* To support individuals, & communities in tackling drug problems and improve knowledge and capacities, particularly through training, and other ventures.

*Aim 3:* To identify and develop policies and new initiatives in responding to substance misuse.

## Coordination, Development & Prevention

The Task Force's coordinates the local response to substance misuse, through working closely with its hosting agency, Southside Partnership, in supporting the work across all funded actions, and in developing new actions in pursuing its three key aims,

### *Aim 1: Information, research and evaluation*

The programme of work under this aim includes compiling an annual report and 3-year strategy, updating local information on substance misuse, producing evaluation reports on funded services, generating research around specific drug-related needs, and hosting relevant events.

### *Aim 2: Supporting individuals and communities*

Under this aim, training, support and capacity-building is provided for community members and others in relevant addiction, child, family and community services, including:

- Collaborative training programmes (accredited)
- Accredited community reinforcement approach training
- Parenting your teens & challenging teenage behavior
- Child protection guidelines
- Motivational interviewing & mindfulness training
- Community addiction & community development

### *Aim 3: Developing policies and new initiatives*

Initiatives under this aim include:

- A series of events and workshops since 2014 to promote community interest in alcohol issue
- A county-wide consultation & report in advance of the 2017-25 National Drug Strategy
- Commencing 2017, a Youth At-Risk Network has been convened with World Café style thematic workshops.

New developments during 2018 include an outreach presence in disadvantaged communities, an evidence-based youth prevention initiative, and a social media project.

---

---

## Harm Reduction, Treatment & Rehabilitation

The Community Addiction Team (CAT) - funded through DATF recommendation - provides an addiction service for the DLR county, and assists adult persons to address their substance misuse within a community context and supports their integration into the community.

CAT is based in the Sandyford Industrial Estate, served by both LUAS and bus routes. The following are provided

- Drop-in, harm-reduction advice, and pre-assessment contact
- Assessments and key-working
- After-care support
- Family support services

CAT's programme, drawing from established addiction-centred therapies is structured around keyworking/case management. Participants are helped to evaluate their situation and to implement individual care plans for personal change. The focus is on helping them to deal with their substance misuse related problems, to overcome addiction and to prevent relapse. The programme also provides supports to adult family members.

Through CAT the programme brings empathy, professional judgement and a commitment to facilitating a change process in substance misuse behaviours and in social and personal relationships. Persons can be referred through other agencies: HSE, probation and social services and community agencies. However, self-referrals can also be made directly through contacting the service.

Dun Laoghaire Rathdown Outreach Project (DROP) – funded directly by the HSE - is a community based organisation that provides services to individuals who are negatively affected by substance misuse.

It offers a choice of individual one-to-one appointments and group programmes, designed to support individuals at any stage of substance misuse. The project helps service users to assess and define their progression across the different services or to seek referral to other agencies where this is deemed appropriate. The project is located on the main street in Dun Laoghaire thus making it easily accessible to the entire county of Dun Laoghaire Rathdown by bus and train.

The following services are available:

- Initial and comprehensive assessment
- Care plan development with weekly keywork sessions
- Preparation and referral onto other support services across the continuum of care
- Stabilisation and Rehabilitation Group programmes
- Reintegration into both education and employment options

A host of evidenced based tools are used to assist service users develop individualised care plans, towards achieving positive change around substance misuse and related issues. Individuals can refer themselves or be referred directly by relevant, third-party agencies, services or community bodies.

## The Family Intervention & Support Service (FI&S)

This interagency service is based in Ballyogan, Dun Laoghaire and Mounttown and is funded by DATF recommendation. It is operated by Barnardos (Lead) and Mounttown Neighbourhood Youth and Family Project. It addresses the needs of children and young people whose lives are adversely affected by parental substance misuse, thus ensuring that these issues are not hidden and are kept in focus.

Service aims are to support parent-child relationships and to improve child outcomes, including their relationships, attachments, their living situation and their involvement in school and social activities. It also helps them to improve emotional well-being and to process difficult situations – past and present. The following approaches are used :

- *Individual therapies*: play therapy, psychotherapy
- *Individual supports*: managing emotions, problem solving; improving self-esteem, relationships and school attendance
- *Small group therapies*: Family therapy, early years, Tús maith, resilience & friendship groups
- *Parent-child supports*: partnership with parents, home-based support, infant matters, strengthening families, non-violent resistance, circles of security, and Odyssey (teen parenting programme)

Referrals come from addiction, community and statutory services; schools, HSE and TUSLA. Intake involves an assessment and developing a family support plan.

## The Youth Prevention Programme (YPP)

The YPP is based in Ballyogan and Mounttown and operated by Mounttown Neighbourhood Youth and Family Project (Lead) and Ballyogan Family Resource Centre. It addresses the needs of young people (12-18 yrs) who are high risk, and/or experimenting alcohol / drug users.

The programme aims to reduce substance misuse and improve young people's general functioning and their participation in school and other activities and also to help them access other, more specialized services, where this is appropriate.

The main target group is young people who misuse cannabis or alcohol, or who are at very high risk for doing so. The programme includes:

- Reaching out to young people who have been identified as high-risk for substance misuse, making contact and offering and maintaining support, as appropriate
- Individual, therapeutic support – usually structured around a series of keyworking sessions, depending on individual need
- Encouraging family / parental involvement
- Providing groupwork supports as required
- Arranging for individual, addiction assessments as this need arises.

The programme receives both self-referrals and referrals from HSE, TUSLA, youth services, Gardai, probation, schools and training centres, as appropriate.